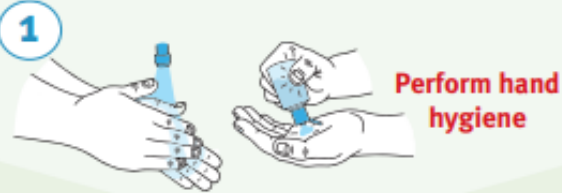


Safe Fitting and Removal of Personal Protective Equipment (PPE) for Access4u Staff

CORRECT PROCESS FOR FITTING PPE

IMPORTANT: Maintain standard precautions when fitting and removing PPE when caring for confirmed or suspected cases of COVID-19!



• Fasten the back of the gown/apron at the neck and waist.



• Secure elastic bands at the middle of the head and neck.
 • Fit flexible band to nose bridge.
 • Ensure mask is fitted snug to face and below the chin.
 • For respirator use, perform a fit check according to manufacturer instructions.
 • Please see poster "Fit Check for P2/N95 respirator"



• Place protective eyewear/face shield over eyes/face and adjust to fit.



• Extend to cover wrist of long sleeved gown.

CORRECT PROCESS FOR REMOVING PPE

IMPORTANT: Only remove mask and protective eyewear/face shield after exiting the patient room!



• The outside of gloves is contaminated. Remove gloves being careful not to contaminate bare hands during glove removal.
 • Discard gloves into clinical waste.



• The gown front and sleeves are contaminated. Untie or break fasteners and pull gown away from body, touching the inside of the gown only.
 • Discard gown into clinical waste.



• The outside of protective eyewear/face shield is contaminated. Remove eyewear/face shield by tilting the head forward and lifting the head band or ear pieces. Avoid touching the front surface of the eyewear/face shield.
 • Reusable items should be placed in a designated receptacle for reprocessing.
 • Place disposable items in clinical waste.



• Do not touch the front of the P2/N95 respirator.
 • Remove respirator by holding the elastic straps and remove without touching the front.
 • Discard P2/N95 respirator into clinical waste.



Safe Fitting and Removal of Personal Protective Equipment (PPE) for Access4u Staff

PPE RECOMMENDED FOR:

Confirmed and high-risk suspected COVID-19 cases

Staff

- Perform hand hygiene
- Recommended PPE for contact and airborne precautions:



1
Long-sleeved, preferably fluid-resistant gown



2
P2/N95 respirator



3
Protective eyewear /faceshield



4
Gloves

Patient

- Place the patient in a single room with negative pressure air handling
- Move patient within facility only when medically necessary
- If possible, place a surgical mask on patient during transfer out of their single room

How do I dispose of my PPE?

- PPE is to be placed in a general waste bin.
- For households with a suspected or diagnosed COVID-19 case, place disposable PPE and tissues into a sealed plastic bag (provided), and then dispose in the available general waste bin.
- If not safe to leave at a clients property then place in the boot of your car and dispose of it in your general waste bin when you get home.
- Please only do this if safe to do so (e.g., the bin is unlikely to be interfered with).

