

# Options4u 12-Week Schedule | March - May 2026



	<b>Monday</b> Arts in Action / Life Skills	<b>Tuesday</b> Cooking Creations	<b>Wednesday</b> Outdoor Excursion *Weather dependent	<b>Thursday</b> Community Explorers	<b>Friday</b> Free Choice Fridays
	2 March	3 March	4 March	5 March	6 March
<b>Week 1</b>	Arts and Crafts Mini Furniture Building	Choc Chip Brownies	Port Adelaide Lighthouse @ Port Adelaide	Broadway Beach Kiosk	Gardening Group
	9 March	10 March	11 March	12 March	13 March
<b>Week 2</b>	Public Holiday	Taco Tuesday	Mt Lofty Botanical Gardens @ Mt Lofty	Stockade Botanical Park & Homestead Bakery @ Adelaide South	Gardening Group
	16 March	17 March	18 March	19 March	20 March
<b>Week 3</b>	Arts & Crafts Popsicle Stick Frames	Balsamic Glazed Sausages and Rosti	Beach Exhibition @ Glenelg	ATSA Independent Living Expo	Gardening Group
	23 March	24 March	25 March	26 March	27 March
<b>Week 4</b>	Arts & Crafts / Vision Board Collages	Spinach & Ricotta Rolls	Western Adelaide Jobs Expo	Upside down house and Churchill centre	Gardening Group

	30 March	31 March	1 April	2 April	3 April
<b>Week 5</b>	Easter Arts & Crafts	Zucchini and Feta Muffins	Clipper Ship @ Port Adelaide	Intensity @ Marion	Public Holiday
	6 April	7 April	8 April	9 April	10 April
<b>Week 6</b>	Public Holiday	Homemade Lasagna	Oaklands Wetland Reserve Picnic	Maccas Gather Round Festival	Gardening Group
	13 April	14 April	15 April	16 April	17 April
<b>Week 7</b>	Arts & Crafts / DIY Canvas Bag Designs	Greek Meatballs	Farm Barn @ Hahndorf	Grange Jetty Cafe	Gardening Group
	20 April	21 April	22 April	23 April	24 April
<b>Week 8</b>	Arts & Crafts / DIY Phone Case Decorating	Banana Cakes	Op Shop Hop and Lunch @ Findon	MOD Museum	Gardening Group
	27 April	28 April	29 April	30 April	1 May
<b>Week 9</b>	Arts & Crafts / Air Dry Clay	Breakfast Muffins	Mini Golf @ West Beach	Botanic Gardens	Gardening Group

	4 May	5 May	6 May	7 May	8 May
<b>Week 10</b>	Arts & Crafts / Nature Art Lead Printing	Veggie Soup	Archie Brother Arcade	Laser Tag @ Gepps Cross	Gardening Group
	11 May	12 May	13 May	14 May	15 May
<b>Week 11</b>	Arts & Crafts / Gem Art Creations	Banana Caramel Cream Pots	South Australian Museum	Shelly's Kiosk @ Semaphore	Gardening Group
	18 May	19 May	20 May	21 May	22 May
<b>Week 12</b>	Arts & Crafts / Sensory Jars	Smoothie and Fruit Cups	Heart of Semaphore Community Cafe	Hahndorf Mini Golf	Gardening Group
	25 May	26 May	27 May	28 May	29 May
<b>Week 13</b>	Arts & Crafts / Day Options Mural	Cupcake Creations	Bowling @ Crossroads	INC Cafe @ Minda	Gardening Group



Let us know if you have any questions!

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