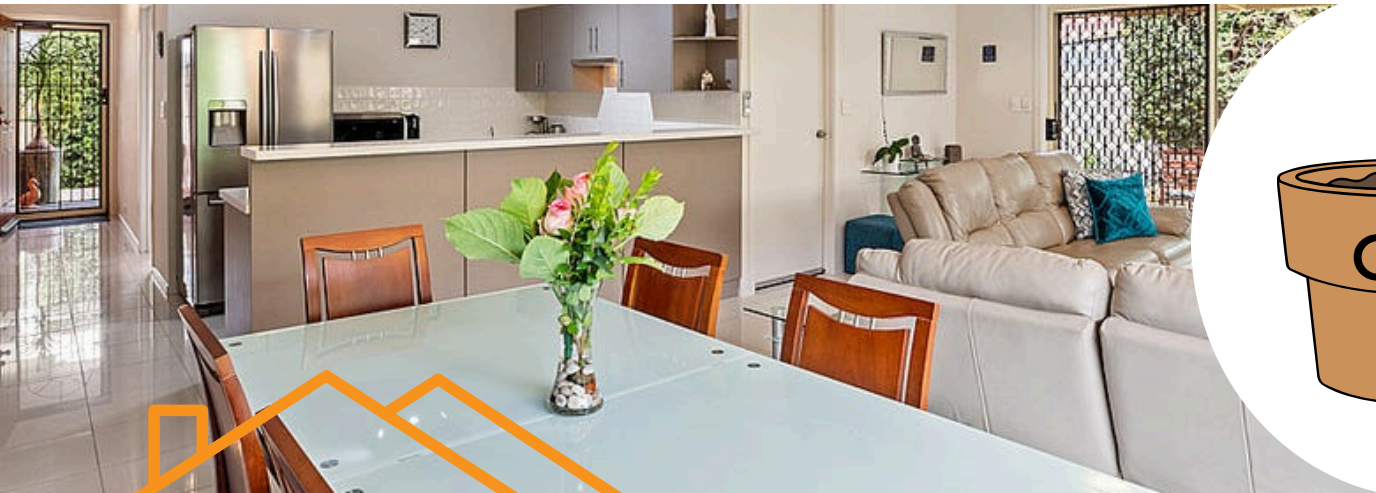


# Access4u Housing Newsletter



## Welcome to our 2025 October Newsletter!

Spring has sprung! In Spring, flowers bloom and plants grow, and we are loving the warmer weather (and hope you are, too!). Halloween is also right around the corner, and that's why we've included a couple Halloween activities in this edition of our newsletter. We hope you enjoy.

This newsletter includes information about:

- how to stay protected from common scams
- a halloween-themed activity
- our Empowerment sessions
- our Google Review page
- a delicious, sweet halloween treat recipe!

If you have any submissions for our next newsletter, please email us at [theaccess4u@gmail.com](mailto:theaccess4u@gmail.com). We would love to hear from you!

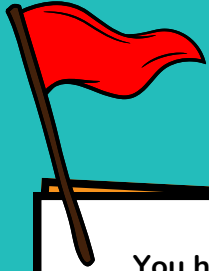
If you have any questions about this document or want to provide Access4u Housing with feedback, please contact us.

You can talk to Cathy Miller, CEO, on: 0411 476 830 or email [info@access4u.org.au](mailto:info@access4u.org.au).

Kind regards,  
Cathy Miller, CEO of Access4u Housing

# SCAMS

## RED FLAGS



You have been contacted out of the blue.

You have been asked to share personal details.

They do not address you by your name.

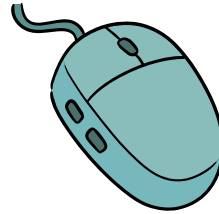
You have been asked to click on an unfamiliar link.

You have been told there is a “problem”,  
or you have “won a prize”.

It sounds too good to be true.

They threaten, try to rush you or pressure  
you into acting as soon as possible.

# STAYING PROTECTED



Do not click on unfamiliar,  
strange-looking or  
very long links.

If you think something is  
not right, hang up  
the phone immediately.



Do not give your card  
details to anyone over the  
phone or through email.

Be suspicious of anyone  
asking for your  
personal information.



If in doubt, ask a trusted friend,  
family member, or anyone else in your  
support network to help.

## Get Involved: Halloween-Themed Colouring-In Sheets

Get in the spirit of Halloween with our themed colouring-in sheets!

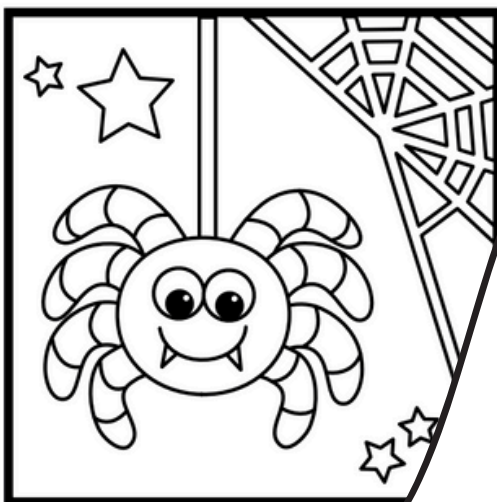
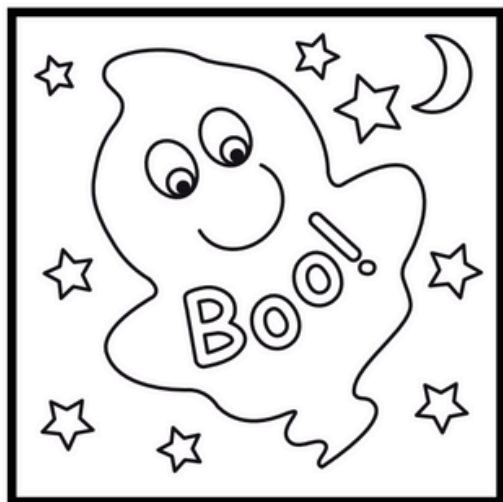
Get out your best coloured pencils, pens or crayons to do this one.

### Instructions:

1. Colour in the Halloween-themed colouring-in sheets. There are three to choose from. Or, you can do all three!
2. Display at home or send to us!

If you would like to send us your creation, let your HALO Coordinator or another Access4u staff member know.

We would love to feature your artworks in the next edition of our newsletter.



# We Want YOUR Feedback!

Did you know you can submit a complaint, provide a compliment or offer a suggestion to help us improve our services at any time?

There are 5 ways to make a complaint about Access4u Housing:

1. Phone the office to make a complaint at 1800 022 237.
2. Complete a Tenant's Complaint and Feedback Form (available at our office reception areas).
3. Inform Access4u staff member and/or supervisor.
4. Contact our CEO ([cathy.miller@access4u.org.au](mailto:cathy.miller@access4u.org.au)).
5. Contact the NDIS (1800 035 544).

**All submissions can be made anonymously. We will aim to resolve all complaints within 14 days.**



## Learn about our Empowerment Sessions

Bring your Mentor and come along to our Empowerment Sessions!

These sessions are designed to support participants - with their Mentors - in building practical life skills, developing confidence in self-advocacy, and enhancing social connections. At the same time, the campaign aims to equip mentors with tools and strategies to offer more goal-focused, person-centred support.

The campaign will run as a series of monthly workshops, each focusing on a different theme.

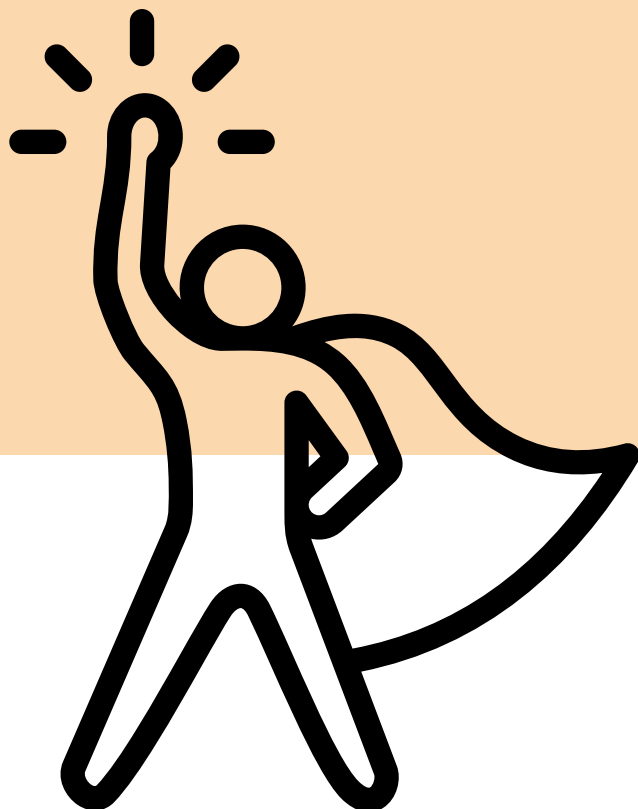
All sessions will run from 1-3pm. Light refreshments will be provided.

Limited spots are available.

Each session is free to attend (for both you and your Mentor) and will be held at The Hive Community Resource Hub, Waterloo Cnr Road (Meeting Room 3A).

To RSVP for any of our sessions, please contact Bri Price, Disability Services Manager:  
0423 295 906 | [bri.price@access4u.org.au](mailto:bri.price@access4u.org.au)

Learn more by scanning the QR code link.



## We would love to hear from you!

We would like to take a moment to thank you for your continued trust in Access4u. We are thankful for your ongoing support.

Access4u is committed to providing high quality supports and services to our customers, and as such, your feedback is extremely valuable to us as an organisation.

So, we have a quick favour to ask. Would you mind heading to Google and leaving us a review?

A few sentences is all it takes! This enables us to continue providing the best experience possible for you, and helps others understand how can guide them through the NDIS.

Thank you in advance for helping us out!

- The Access4u Team





RECIPE RECIPE RECIPE RECIPE RECIPE

- 100g dark chocolate (roughly chopped)
- 18g white choc bits
- 50g Mamee Monster Noodle Snacks

**Step 1:** Place dark chocolate in a heatproof bowl over a saucepan of simmering water (make sure base of bowl does not touch water). Cook, stirring occasionally, for 3 minutes or until melted. Remove saucepan from heat and allow to cool slightly.

**Step 2:** Meanwhile, line a baking tray with baking paper. Place white chocolate bits on tray. Spoon 1 tbs melted chocolate into a piping bag (or ziplock bag with one corner snipped) and pipe a little chocolate onto white chocolate bits to create eyes. Refrigerate for 5 minutes or until set. Remove from tray.

**Step 3:** Using hands, break noodles into small bits and add to remaining melted chocolate, stirring until noodles are well coated. Spoon mixture, 1 tbs at a time, onto tray to form nine 4cm-wide spiders. Arrange eyes on spiders, then refrigerate for 20 minutes or until chocolate is set. Serve.

Recipe from [woolworths.com.au](http://woolworths.com.au)

