

# Options4u 12-Week Schedule | June - September 2025



**Monday**  
Arts in Action / Life Skills

**Tuesday**  
Cooking Creations

**Wednesday**  
Outdoor Excursion  
\*Weather dependent

**Thursday**  
Community Explorers

**Friday**  
Free Choice Fridays

23 June

24 June

25 June

26 June

27 June

Week 1

Simply Painting

Pizza Muffins / Custard

Mount Lofty  
Botanic Gardens

Henley Beach

Free Choice

30 June

1 July

2 July

3 July

4 July

Week 2

Sketching & Drawing

Stir Fry with Noodles /  
Pudding

Blackwood Forest  
Recreation Park

Adelaide Zoo

Free Choice

7 July

8 July

9 July

10 July

11 July

Week 3

Friendship Bracelets

Sausage Rolls /  
Lamington Balls

Belair National Park

Central Markets

Free Choice

14 July

15 July

16 July

17 July

18 July

Week 4

Origami

Carbonara / Chocolate  
Crackles

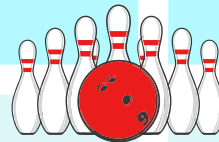
Morialta Falls Hike

Hallett Cove Boardwalk

Free Choice



Week 5	21 July	22 July	23 July	24 July	25 July
	Paint by Numbers	Chicken Puffs / Honey Joys	Bowling @ Crossroads	Movie Day	Free Choice
Week 6	28 July	29 July	30 July	31 July	1 August
	5-Minute Crafts	Ham and Cheese Croissants / Cupcakes	Hallett Cove Boardwalk	Adelaide Botanical Gardens	Free Choice
Week 7	4 August	5 August	6 August	7 August	8 August
	Wind Chimes	Nachos / Coconut Cookies	Brighton Dunes / Cafe Visit	Bowling @ Crossroads	Free Choice
Week 8	11 August	12 August	13 August	14 August	15 August
	DIY Soap	Hotdogs / Scones	Central Markets	City Day - Adelaide Museum / Art Gallery	Free Choice
Week 9	18 August	19 August	20 August	21 August	22 August
	DIY Slime	Hamburgers / Mini Cheesecake	Adelaide Botanic Gardens	Hahndorf Farm Bahn	Free Choice



	25 August	26 August	27 August	28 August	29 August
Week 10	Collage Portraits	Pizza Wraps / Pudding Pies	Brighton Beach	Marion Indoor Golf	Free Choice
	1 September	2 September	3 September	4 September	5 September
Week 11	Father's Day / Special Person Card Making	Chicken Tender Wraps / Cupcakes	Mount Lofty Botanic Gardens	Semaphore Beach	Free Choice
	8 September	9 September	10 September	11 September	12 September
Week 12	Simply Painting	Quiche / Chocolate Cookies	Day in Hahndorf	Bounce @ Marlestone	Free Choice



Let us know if you  
have any questions!

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