



 **Access4u.**

Registered NDIS Provider

Day Options

Day Options is a NDIS Support. It is available under Social and Community Participation (Core Supports) in your NDIS plan.

Our Day Options program is called Options4u and it is for adults with disability.

This program offers activities dedicated to your interests and goals.

Examples of activities include:



Arts – painting, jewellery making, photography and other craft activities



Cooking – shopping, preparing and cooking yummy foods



Gardening – growing vegetables and tending to our garden



Community Exploring – visiting places such as the zoo and the museum



Free Choice - enjoy movies, board games, quizzes and bingo.

Talk to us today!



Call 1800 022 237



Email info@access4u.org.au



Visit www.access4u.org.au